

سری سوال: یک ۱

زمان آزمون (دقیقه): تستی: ۸۰ تشریحی: ۰

تعداد سوالات: تستی: ۳۰ تشریحی: ۰

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رشته تحصیلی/کد درس: تربیت بدنی و علوم ورزشی (خواهران)، تربیت بدنی و علوم ورزشی (برادران) ۱۲۱۲۱۵۹

Fill in the blanks with the correct form of one word or sentences.

1- An extra and usually bad effect that a drug has on you is .....

1. fan                                      2. Side effect                                      3. hiking                                      4. scuffle

2- Physical exercises intended to strengthen the heart and lungs are .....

1. Aerobics                                      2. Amphetamine                                      3. Jogging                                      4. Fair play

3- The meaning of Spectator is "....."

1. The state of being very tired  
2. A short and not very violent fight or struggle  
3. A drug that makes you feel excited and full of energy  
4. A person who is watching an event

4- A group of clubs is "....."

1. Federation                                      2. Facilities                                      3. Potential                                      4. Body

5- A skill or special ability is "....."

1. Candidate                                      2. Expert                                      3. Accomplishment                                      4. Approach

6- Gerald was in the second year of ..... as an instructor.

1. apprenticeship                                      2. approach                                      3. failure                                      4. institute

7- A strong desire to have or do sth is .....

1. charter                                      2. emblem                                      3. aspiration                                      4. amotto

8- The ..... to close clinic was approved.

1. authority                                      2. proposal                                      3. excellent                                      4. maintenance

Select the best choice (A, B, C or D).

9- Even a short walk ..... Alice.

1. exhaustion                                      2. exhaustive                                      3. exhaustively                                      4. exhausts

10- Fred ..... in the street and died two hours later.

1. collapsibility                                      2. collapsed                                      3. collapsible                                      4. collapse

11- Nothing would ..... Ali to take the job.

1. inductively                                      2. inductive                                      3. induction                                      4. induce

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12-They are going to ..... a course in sport injury.

1. institutional                      2. institutionally                      3. institute                      4. institution

13-We tried to discuss the matter calmly and .....

1. reasonably                      2. reason                      3. reasonable                      4. reasoning

14-The ..... of scientists in the 20th century are outstanding.

1. accomplishable                      2. accomplished  
3. accomplishments                      4. accomplish

15-Bad luck ..... him throughout his life.

1. pursued                      2. pursuable                      3. pursuit                      4. pursue

16-The rules need to be .....

1. reformatinal                      2. reformed                      3. reformation                      4. reform

17-You may not enter the security area without .....

1. authoritative                      2. authorize                      3. authorization                      4. authoritatively

18-Each ring on Olympic flag represents a .....

1. continent                      2. union                      3. country                      4. nation

Drug abuse must be considered among the other unfortunate aspects of modern sports. The misuse of amphetamines, anabolic steroids, and other drugs has become a central problem of modern sports. One of the touted values of sports is that they better one's health. Pursued in moderation, they certainly do improve muscle tone, increase cardiovascular efficiency, and retard skeletal decalcification. when sports become an obsession, however, they tend ironically to have the opposite effect.

19-In line 3 " one's " refers to which word in the passage.

1. modern sports                      2. anabolic steroid                      3. a person                      4. amphetamines

20-The meaning of the "unfortunate" in line 1 is "....."

1. Unlucky                      2. Falls                      3. Use                      4. Suitable

21-This paragraph focuses on .....

1. drug use                      2. healthy                      3. safety                      4. drug usage

22-Sports are likely to have opposite effect when they become a(n) .....

1. strength                      2. obsession                      3. stimulation                      4. irony

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**Text2:**

To start, the sports must identify their needs very specifically:

What level of expertise is needed? World – class? National calibre? Local?

How many coaches are required at each level over the next five years?

What resources/facilities /teachers are available to train them? Are there existing training plans available in your sport that you can consider using?

Who are the quality coaches or teachers in your area? Can they help you plan your program?

Are there other sports bodies who have successfully implemented coaches training plans?

When you have established your needs, and have some idea of your resources, you can begin to establish a plan, to guide your efforts in meeting your goals. Training coaches is a long- term project requiring a systematic approach. The plan must also be flexible and sensitive to the ever-changing needs of the coaches.

23- This paragraph emphasizes on the necessity of "....."

- |                                 |                                     |
|---------------------------------|-------------------------------------|
| 1. Developing top level coaches | 2. Limiting the training program    |
| 3. Sports in developing         | 4. Development programs for coaches |

24- In line 6 ' they ' refers to which word in the passage.

- |               |                                    |
|---------------|------------------------------------|
| 1. Program    | 2. The quality coaches or teachers |
| 3. Facilities | 4. Sport                           |

25- What the meaning of "calibre" in line 2?

- |            |            |         |             |
|------------|------------|---------|-------------|
| 1. quality | 2. dietary | 3. diet | 4. quantity |
|------------|------------|---------|-------------|

26- To start the sports must identify .....

- |             |               |                |                  |
|-------------|---------------|----------------|------------------|
| 1. coaching | 2. facilities | 3. their needs | 4. type of sport |
|-------------|---------------|----------------|------------------|

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In de Coubertin's view, the Olympic Games were not simply to be an athletic event, but the focal point for a broadly based social movement, which, through the activity of sport and play, would enhance human development and international understanding.

More than 160 National Olympic Committees (NOC's) have joined the Olympic Movement. Some are large and others are small; some represent all sports and others represent just those Olympic sports which are practiced in their countries.

27- "Some" in line 4 , refer to:

- |                     |                  |
|---------------------|------------------|
| 1. Olympic movement | 2. IOC           |
| 3. NOC              | 4. Olympic games |

28- How many National Olympic Committees (NOC's) have joined the Olympic movement?

- |        |                  |        |        |
|--------|------------------|--------|--------|
| 1. 160 | 2. more than 160 | 3. 158 | 4. 120 |
|--------|------------------|--------|--------|

29- This paragraph focuses on .....

- |                                    |                     |
|------------------------------------|---------------------|
| 1. Emblems of the Olympic movement | 2. Olympic movement |
| 3. Aims of the Olympic movement    | 4. Olympic Games    |

30- Which is the best definition of Olympic games, according to de Coubertin's view?

1. They are simply to be an athletic event
2. The focal point for a broadly based social movement etc
3. The activity of sport and play
4. They have joined the Olympic movement