

سری سوال: یک ۱

زمان آزمون (دقیقه): تستی: ۷۰ تشریحی: ۰

تعداد سوالات: تستی: ۳۰ تشریحی: ۰

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عنوان درس: زبان تخصصی ۱، متون خارجی تخصصی

رشته تحصیلی/کد درس: تربیت بدنی و علوم ورزشی ۱۲۱۲۱۵۸ - تربیت بدنی و علوم ورزشی (خواهران)، تربیت بدنی و علوم ورزشی (پسران) ۱۲۱۵۱۷۶
تربیت بدنی و علوم ورزشی (ناپیوسته) ۱۲۱۵۱۷۶ -

1- Fill in the blank with the correct word.

..... is the scientific study of the structure of human or animal bodies.

1. Anatomy 2. Coaching 3. Administration 4. Exercise

2-The child is normally.

1. developing 2. development 3. developmental 4. developmentally

3-This may explain why people who are physically active have significantly greater bone densities than those who are less active.

"those" refers to.....

1. densities 2. people 3. bone 4. physically active

4-A strong band of tissue in a body that joints a muscle to a bone is called

1. ligament 2. cartilage 3. tendon 4. extremity

5-In the United States, a director of training program or a coach is required to have a(n)

.....

1. alliance 2. association 3. certification 4. dedication

6-Helen looked and confident before the match.

1. relax 2. relaxation 3. relaxedly 4. relaxed

7-It has been reported that high intensity training leads to an increase in bone density. "Leads" means.....

1. causes 2. changes 3. limits 4. examines

8-Little consensus exists on how affects the mechanical properties of tissues.

1. increase 2. decrease 3. warm-up 4. cool-down

9-..... is a diagnostic aid for examining or exploring by touching an organ or area of the body.

1. Palpation 2. impulse 3. percussion 4. specimen

10-An instrument that a doctor uses to listen to some bodies heart and breathing is called.....

1. ophthalmoscope 2. stethoscope 3. otoscope 4. osculation

11-The term..... means to treat with medicine.

1. medicate 2. medicine 3. medical 4. medically

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24- Albert his ankle.

1. twisting 2. twisted 3. twistedly 4. twistable

25- Interscholastic competitions and intramural contests are both

1. Research findings 2. Administrative programs
3. Team sports 4. Competitive sports

26- Courses like kinesiology and physiology are included in professional physical education

1. curriculum 2. capability 3. function 4. methodology

Physical therapy consists of the evaluation and treatment of patients disabled by disease, accident, or stress. It uses exercise and other physical measures to alleviate pain and disorders of mobility. Physical therapy is one of the rehabilitative professions and has as its objective the return of the patient to a pain-free productive life, whether the patient is a crippled child, an injured workman or athlete, a victim of stroke, or someone otherwise disabled or in pain.

Evaluations performed by physical therapists include some tests and measures that one of them include the use of ultrasonic devices for relief of muscle spasm and pain and low-voltage generators

27- According to the passage ,Which one is true?

1. ultrasonic devices relieve muscle spasm and pain in very strong muscles.
2. Physical therapy uses different physical measures to relieve pain and disorders of mobility
3. ultrasonic devices increase muscle spasm and pain in very strong muscles.
4. Physical therapy uses different physical measures to rise pain and disorders of mobility

28- Contractions in very weak muscles can be produced by.....

1. cold 2. heat
3. massage movements 4. low voltage generators

29- According to the passage, select the best choice.

The aim of is to return the patient to a pain-free productive life.

1. physical therapy 2. victim of stroke
3. treatment 4. mobility

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Physical Education Programs.

Physical education begins as soon as the child starts to explore the environment and learns to deal with it to satisfy and psychological needs. Much research has been conducted to determine what normal development should be not achieve this rate of progress.

Physical education in the elementary school emphasizes the evaluation of basic movements. It includes a schedule of activities for improving physical coordination and development. The programs are designed to allow each child to progress individually and creativity. Rhythmic exercises and informal games make up an important part of such programs.

30- According to the passage ,Which one is true?

1. At the elementary school level, physical education focuses on complex physical activities.
2. At the elementary school level, formal games and competitions are main in physical education.
3. At the elementary school level, physical education focuses on basic movements.
4. At the elementary school level, physical education includes a schedule to decrease Physical coordination.