



سری سوال: یک ۱

زمان آزمون (دقیقه): تستی: ۹۰ تشریحی: ۰

تعداد سوالات: تستی: ۵۰ تشریحی: ۰

عنوان درس: خواندن و درک مفاهیم ۳

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Fill in the blanks with the appropriate words.

- 1-When the carpenter finished his work, his employer came to the house.
1. fortunate 2. relax 3. leisure 4. inspect
- 2-A (An) word to someone who is down can be what it takes to kill him.
1. encouraging 2. continuous 3. destructive 4. courageous
- 3-It was an unfortunate way to end a dedicated
1. career 2. favor 3. abuse 4. workmanship
- 4-Time and again he kept things out into the ocean.
1. picking 2. keeping 3. washing 4. hurling
- 5-The father did not give up his hope of saving his son in an earthquake and did his best to him.
1. scare 2. rescue 3. yell 4. proceed
- 6-When the building , it made a wedge, like a triangle, and it saved us.
1. burnt 2. curved 3. collapsed 4. clutched
- 7-In the midst of utter and chaos, a father left his wife securely at home and rushed to the school where his son was supposed to be.
1. devastation 2. distraught 3. delight 4. flatten
- 8-At the back, behind the of trees, was a fine view of the city skyline.
1. decent 2. labor 3. choke 4. fringe
- 9-They moved him, him in, and made him quite comfortable.
1. propped 2. tucked 3. elbowed 4. stared
- 10-The most recent findings indicate the importance of sleep and the negative of sleeplessness.
1. correspondences 2. concentrations
3. consequences 4. counterparts
- 11-Long sleep is more dangerous than short sleeplessness.
1. responsibility 2. deprivation 3. accommodation 4. awakening
- 12-Fortunately you had enough not to give up on yours.
1. gumption 2. resemblance 3. grade 4. dismay

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13- Because the entire village around the fishing industry, a volunteer rescue team was needed in cases of emergency.

1. reappeared 2. assembled 3. revolved 4. exhausted

14- The son and daughter-in-law became with the mess.

1. spilled 2. irritated 3. blurred 4. spoiled

15- One morning they arrived to find the schoolhouse in flames.

1. terrified 2. resolved 3. determined 4. engulfed

16- Unfortunately, when Roger the tennis racket hard, his weak grip usually launched it into space.

1. swung 2. handled 3. barred 4. caught

17- As Sue came into view again, I could see her begin to struggle. Her pace slowed and she

1. staggered 2. sneaked 3. grimaced 4. confined

18- Amusing myself at the tool bench in the basement, I my finger with a hammer.

1. dragged 2. whacked 3. chipped off 4. fiddled

19- There are steps you can take to for normal slippage in your memory gears.

1. stick 2. visualize 3. compensate 4. adhere

20- To the right attitude, you must believe that good things happen to you all the time, not just rarely.

1. trigger 2. overcome 3. extrovert 4. cultivate

Choose the best synonym for the underlined words.

21- They're all manufactured right here in Phoenix, so we can get them fast.

1. structured 2. relieved 3. produced 4. cured

22- I thought, "Oh no, sharks!" I felt real terror and despair.

1. proud 2. hopelessness 3. marvelous 4. forcible

23- He jumped to his feet, circled an arm under the big man's chest and heaved him back into his seat.

1. turned 2. dropped 3. pressed 4. passed



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24- Several recent studies suggest that walking **briskly** three or four times a day for 10 minutes at a time may provide many of the same benefits as walking continuously for 30 minutes.

1. constantly 2. completely 3. comely 4. quickly

25- Deep pressure slows the heart rate, **relieves** nervous tension and lowers blood pressure.

1. distracts 2. reduces 3. neutralizes 4. neglects

26- He lay in bed, **exhausted** but unable to sleep, unable to make his whirring mind let go.

1. cheerful 2. tired 3. wealthy 4. shocked

27- I learned to really appreciate my gift of sight, something I had taken for granted all too often.

"Take something for granted" means

1. continue happening 2. be surprised
3. stop paying attention 4. expect to happen

28- Weight training increases strength, helps restore bone density and **diminishes** knee pain from arthritis.

1. decreases 2. assembles 3. blocks 4. disorders

29- In healthy people, memory doesn't **deteriorate** as quickly as many of us think.

1. discard 2. bolster 3. misplace 4. weaken

30- He **set out** to visit everyone on his list to ask for their expertise and support.

1. started 2. left 3. refused 4. finalized

31- If you perceive life's **setbacks** as business as usual, you won't bother behaving in positive ways that can change your situation.

1. glories 2. fulfillments
3. misfortunes 4. accomplishments

32- She was **engrossed** in her book, but happened to see that the man grabbed a cookie from the bag.

1. involved 2. irritated 3. glared 4. encountered

33- While he checked under the hood, a small, thin man **sauntered** up to the Land Cruiser.

1. turned quickly 2. walked slowly 3. moved twisting 4. jumped quietly

34- The leftover **remnants** from the creation of the planets still spread around the Solar System.

1. reindeers 2. creatures 3. conservatives 4. remains

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Passage II

The pilot's voice came over the speaker. I heard vaguely through my fear, "Engine number two ... emergency landing ... New Orleans." When **he** was done, the voice of a flight attendant came on, reminding us of the emergency procedures **she** had reviewed before take-off. Of course, I never paid attention to this drill, always figuring that if we ever got to the point where we needed to use life

41- We understand from the passage that writer didn't hear the pilot's voice clearly because

- | | |
|----------------------------|---------------------------------|
| 1. he was frightened | 2. of emergency landing |
| 3. he didn't pay attention | 4. the flight attendant came on |

42- The underlined, "**he**" refers to

- | | | | |
|----------|------------|----------|-----------------|
| 1. pilot | 2. speaker | 3. voice | 4. the narrator |
|----------|------------|----------|-----------------|

43- The underlined "**She**" refers to

- | | | | |
|----------|---------------------|--------------|----------|
| 1. voice | 2. flight attendant | 3. emergency | 4. pilot |
|----------|---------------------|--------------|----------|

44- By stating "got to the point", the writer means

- | | |
|------------------|-------------------------|
| 1. when landing | 2. arriving New Orleans |
| 3. take-off time | 4. in case of emergency |

45- The writer didn't care about using life jacket because he thought that

- | | |
|---|---|
| 1. using life jacket was useless effort | 2. it never happened to use life jacket |
| 3. he would die before using it | 4. he was afraid of using life jacket |

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Passage III

The most immediate benefit from adopting a healthy diet is that **it** can lower blood pressure. For people with hypertension, a diet **which** emphasizes fruits, vegetables, low-fat dairy and high-fiber grains can reduce blood pressure as effectively as taking an antihypertension drug.

In addition, the extra calcium in this could help reduce the risk of osteoporosis – a medical condition in which your bones become more likely to break. The fiber in the fruits, vegetables and grains can help control blood glucose levels in many Type 2 diabetics and even lower their need for medication. Over

46- The passage is about

- | | |
|-----------------|--------------------|
| 1. eating right | 2. watching weight |
| 3. getting fit | 4. taking easy |

47- In line 1, "it" refers to

- | | | | |
|-----------------|-------------|-------------|-----------------|
| 1. hypertension | 2. adopting | 3. pressure | 4. healthy diet |
|-----------------|-------------|-------------|-----------------|

48- In line 2, "which" refers to

- | | | | |
|-----------|----------|---------|-----------------|
| 1. people | 2. fruit | 3. diet | 4. hypertension |
|-----------|----------|---------|-----------------|

49- When osteoporosis happens

- | | |
|---------------------------------|----------------------------------|
| 1. the bones break easily | 2. the rate of calcium increases |
| 3. the blood pressure decreases | 4. hypertension drug is needed |

50- Which one is NOT among the benefits of a diet consisting of fruits, vegetables, ... ?

- | | |
|--|---------------------------------------|
| 1. It increases the amount of calcium. | 2. It causes hypertension. |
| 3. It diminishes the risk of osteoporosis. | 4. It is useful for Type 2 diabetics. |